

29th ANNUAL CAVE SPRING ROAD RACE

2010 Run & See Georgia Grand Prix Series

5k RUN* 1 Mile Fun Run/Walk

Continental Breakfast to Follow

DATE: SATURDAY -- JUNE 12, 2010

Location: Georgia School for the Deaf
232 Perry Farm Road (Meet at Tumlin Cafeteria)
Cave Spring, Georgia

Proceeds benefit Georgia School for the Deaf and the Cave Spring Historical Society

Registration: Pre-register through mail by June 4, 2010. Race Day Registration begins at 7:00 a.m.
Register online at www.georgiarunner.com or print a registration form from either of the following websites: www.gsdweb.org or www.cavespringgeorgia.com

Printed registration forms are also available for pick up at any of the following Cave Spring, Georgia locations: *Georgia School for the Deaf Front Office* Blue Willow* Dee's Deli*
* Cave Spring Pharmacy* Cline Pharmacy* Cave Spring Café* The Peddler*

Entry Fees:

Early Registration (postmarked by Friday - June 4, 2010)	Race Day Registration (Saturday - June 12, 2010)
5K Run - \$20.00	5K Run - \$25.00
1 Mile Fun Run/Walk - \$15.00	1 Mile Fun Run/Walk - \$20.00

Breakfast: One (1) continental breakfast ticket is included with each paid registration. Additional breakfast tickets can be purchased the day of the race for \$3.00

T-shirts: The first 500 pre-registered entrants are guaranteed a t-shirt, although preferred size is not guaranteed. Additional shirts may be purchased for \$12.00 each

Freebies: Each participant will receive a bag filled with samples and freebies including free admission on either Saturday or Sunday to the Cave Spring Art Festival taking place the same weekend in Rolater Park. Plan to spend your day or weekend in Cave Spring after the race.

Race Day Schedule: (Race begins and finishes at GSD)

7:00 a.m. - Race Day Registration

8:00 a.m. - 5k Run Begins

8:05 a.m. - 1 Mile Fun Run/Walk

Continental breakfast and awards immediately following

ASL interpreter will be present

5K Age Groups:

10 & Under	11-14	15-19	20-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-Older
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Awards: Pottery by JJ given for awards for all 5K Runners -- Overall finisher, masters and grandmasters (male and female) and to the first 3 in each age group (male and female). Awards for groups of 3 or more will also be given. Ribbons awarded for 1 Mile Fun Run/Walk participants.

Results: Published online at www.georgiarunner.com, and in Running Journal, and on the GSD website located at: www.gsdweb.org

For more information or if you have any questions please contact:

Angela Pluto, Lynn Batey, or Patsy Hamilton @ 706-777-2200 or via email: CSRoadRace@gmail.com

Become a fan of the 29th Annual Cave Spring Road Race on facebook

Attention: PLEASE READ CAREFULLY AND PRINT ALL INFORMATION. WAIVER MUST BE SIGNED. IF UNDER 18 YEARS OF AGE, APPLICANT MUST HAVE SIGNATURE OF PARENT OR GUARDIAN IN ADDITION TO HIS/HER OWN SIGNATURE. ILLEGIBLE OR INCOMPLETE ENTRIES WILL NOT BE ACCEPTED. NO REFUNDS. RACE WILL BE HELD RAIN OR SHINE.

Make Check Payable to: Georgia School for the Deaf

Mail Entry Forms To: Georgia School for the Deaf - Attention: Lynn Batey: 232 Perry Farm Road • Cave Spring • GA • 30124

Name: _____ Group Name: _____ Age: _____ Sex: M ___ F ___

Address: _____ City: _____ State: _____ Zip: _____

Phone Number: _____ Email Address: _____

Circle T-shirt Size Preference: YM S M L XL 2XL (\$2.00 extra for 2XL size)

Event: 5K ___ 1 Mile Fun Run/Walk ___ How did you hear about this race? _____

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including, but not limited to: falls, contact with other participants, the effect of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Cave Spring Historical Society, the City of Cave Spring, the Georgia School for the Deaf, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I certify that I am 18 years of age or older, or that I am the parent/guardian of the entrant and am granting permission for him/her to participate.

The undersigned certifies that he/she has read the disclaimer on this entry form and agrees to the conditions stated.

SIGNATURE

DATE

PARENT/GUARDIAN (IF UNDER 18)

DATE

