

38th Annual

"Showers are available in GSD's Whitworth Gym"

CAVE SPRING ROAD RACE

Cave Spring, Georgia



SATURDAY - JUNE 8, 2019

Location:

Georgia School for the Deaf



232 Perry Farm Road (Meet at Whitworth Gym) Cave Spring, Georgia

Proceeds benefit Georgia School for the Deaf Extracurricular Activities

Registration: Pre-register through mail by June 1, 2019. Race Day Registration begins at 7:00 a.m.

Register online at: <https://cavespringroadrace.itsyourrace.com/event.aspx?id=10801>

or print a registration form at www.gsdweb.org and mail it in.

Entry Fees:

Early Registration (postmarked by Friday- June 1, 2019)	Race Day Registration (Saturday - June 8, 2019)	Groups (10 or more)
5K Run - \$20.00	5K Run - \$25.00	5k Run - \$15.00 each person
1 Mile - \$15.00	1 Mile - \$20.00	1 Mile - \$15.00 each person

T-shirts: Participants are not guaranteed a t-shirt. They will be available as you arrive on Saturday morning. First come, First serve

Race Day Schedule: (Race begins and finishes at GSD) *ASL interpreter will be present*

7:00 a.m. - Race Day Registration **8:00 a.m.** - 5k Run Begins **8:05 a.m.** - 1 Mile Fun Run/Walk
Continental breakfast and awards immediately following the last 5K participant finishing

5K Age Groups:

10 & ↓	11- 14	15-19	20-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75- ↑
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Awards: 5K Runners -- Overall finisher, masters and grandmasters (male and female) and to the first 3 in each age group (male and female). Awards for groups of 3 or more will also be given. Ribbons awarded for 1 Mile Fun Run/Walk participants.

Results: Will be posted on the GSD website located at: www.gsdweb.org

For more information please contact: Lynn James-Batey via email: gsd5kraces@gmail.com or at 706-777-2200.

Attention: PLEASE READ CAREFULLY AND PRINT ALL INFORMATION. WAIVER MUST BE SIGNED. IF UNDER 18 YEARS OF AGE, APPLICANT MUST HAVE SIGNATURE OF PARENT OR GUARDIAN IN ADDITION TO HIS/HER OWN SIGNATURE. ILLEGIBLE OR INCOMPLETE ENTRIES WILL NOT BE ACCEPTED. NO REFUNDS. RACE WILL BE HELD RAIN OR SHINE.



Make Check Payable to: Georgia School for the Deaf

Mail Entry Forms To: Georgia School for the Deaf - Attn.: Lynn James-Batey: 232 Perry Farm Road • Cave Spring • GA • 30124

Name: _____ Group Name: _____ Age: _____ Sex: M ___ F ___

Address: _____ City: _____ State: _____ Zip: _____

Phone Number: _____ Email Address: _____

Event: 5K ___ 1 Mile Fun Run/Walk ___ How did you hear about this race? _____

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including, but not limited to: falls, contact with other participants, the effect of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the City of Cave Spring, the Georgia School for the Deaf, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I certify that I am 18 years of age or older, or that I am the parent/guardian of the entrant and am granting permission for him/her to participate.

The undersigned certifies that he/she has read the disclaimer on this entry form and agrees to the conditions stated.

SIGNATURE

DATE

PARENT/GUARDIAN (IF UNDER 18)

DATE